

# Internal Review Your Motivation

## The Inner Tools You Have to Reach Your Goals

Analysis of your attitude toward your business:

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Barriers\* you perceive stopping you last year from attaining your business goals:

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Personal challenges – family:

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Possible solutions:

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Personal challenges – other:

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Possible solutions:

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Recognized internal motivators in my past:

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How can I motivate myself to address the barriers and challenges above:

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See The Inner Game of Work, Tim Gallwey, for insights on goal barrier removal.

Excerpted from *The Business Planning System for the Real Estate Professional*, [www.carlacross.com](http://www.carlacross.com)



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